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Sqn Ldr ME MUTHU
HEAD MASTER



DO NO.
SAINIK SCHOOL
BIJAPUR
MYSORE STATE

10th November 1971.

Sri LAXMANKUMAR SANNELIAPPANAVAR of Dharwar was invited for the second time to our School to coach the boys of our School in YOGA PRACTICES. It is a great pleasure to record that within about one month he has trained about 120 boys, of different classes, in different batches, in Yoga Practices suitable to their age groups, during July 1970. Shri. KPP Nambiyar, Physical Training Instructor of our School, was also trained under his guidance in a special class meant for High School Teachers. The earlier training given to our boys and the special training given to our Physical Training Instructor, has enabled us to keep the Yoga Practice activity in continuity as a permanent feature in our School. It is needless to say that our boys are being greatly benefited by this training.

ME MUTHU
Head Master
Sainik School Bijapur
(ME MUTHU)